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NEWS RELEASE

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Lighthouse Client earns silver in physique competition

Austin, TX – Recent Tyler Junior College graduate and Lighthouse Scholarship student, Dewaldt Minaar, earned two silver medals in The National Physique Committee Adela Garcia Classic in Austin, TX on June 25, 2016. The NPC Adela Garcia Classic is a nationally qualifying competition for Bodybuilding, Fitness, Figure, Bikini, Physique and Classic Physique. Dewaldt participated in the Classic Physique Novice and Open Category.

“First of all, all glory and honor goes to The Lord Almighty for blessing me with the desire, will power, and determination and giving me this physique to present.” said Dewaldt. “Also want to give a special thanks to the woman that has carried me on her hands right through this whole show prep. She ran out of energy but not for a single moment out of will to help me and helped me achieve one of my biggest dreams, thank you Megan.”

For more information on NPC Adela Garcia Classic visit www.adelagarciaclassic.com

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About East Texas Lighthouse for the Blind

Created in 1976 to serve the needs of the blind and visually impaired the mission of The Lighthouse is to empower blind Americans through rehabilitation, education, training, and employment leading to a fully independent lifestyle. To accomplish that, The Lighthouse offers a wide range of programs and services through Client Services and Horizon Industries. For more information, visit www.tylerlighthouse.org.